Health care workers are sometimes required to wear gloves

- Germs spread from person-to-person mainly through hand-to-hand contact.
- Germs may provoke infections under given circumstances.

For these reasons, healthcare workers wear gloves when administering certain types of care.

Gloves protect you and those attending you!
You may ask health care workers to wash their hands before attending you.

Gloves are used to protect both you and the person attending you

Gloves and hand washing protect both you and your attending professional from certain types of infections. That is why the professional washes his hands and may wear gloves on occasion.

Frequent hand washing is essential

Hand washing is a simple and extremely effective way to remove germs.

You can wash your hands with soap and water or with an alcohol-based foam or gel.

Some types of care require gloves

In addition to washing their hands, health care professionals must wear gloves to provide care under the following and other situations:

- When there is a risk of coming into contact with blood, stools, urine or secretions;
- When there is a skin wound or lesion;
- When dressing a wound or changing a bandage;
- When administering oral care;
- When administering genital care.

Clean hands at all times

Health care workers wash their hands frequently, in particular:

- Before preparing or serving food;
- After touching soiled or contaminated objects such as waste products or bandages;
- After going to the bathroom;
- After sneezing;
- After removing their gloves.