**Items supplied**

The residence will provide you with a television set (basic cable), bed linen, towels, and a telephone (fees may apply). Please note that these items belong to the residence and that you will be billed for the loss of any of those items.

**Cost**

The CIUSSS de l'Estrie - CHUS will cover most costs related to your convalescence. However, you must pay $25 a day for your stay in convalescent care, including the days of your arrival and discharge, regardless of the time at which you arrive or leave, because the room has been reserved for you on both of those days.

You may be granted an additional exemption if your income falls below a certain threshold. The Ministère de l’Emploi et de la Solidarité sociale grants $500 to income security recipients for a stay in convalescent care. A social worker will file the request before your admission in convalescent care.

Payment for the first seven days in convalescent care will be requested upon arrival. At the residence ($175). Subsequent payments must be made on a weekly basis. Payments can be made with cash or by cheque. If your stay is shorter than planned, the residence will reimburse the difference.

**Note:** It is not recommended that you carry large sums of money or valuables with you during your stay in convalescent care.

Smoking in the rooms is strictly prohibited. A smoking room is available.

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For further information

819 780-2220, ext. 44470

santeestrie.qc.ca

U:\DÉPLIANTS\DIR PROGRAMME SOUTIEN AUTONOMIE PA\Dépliant Programme de convalescence légère couleur anglais

Communications Department, September 2016
A social worker will organize your arrival in convalescent care at the hospital centre, which will also take care of transportation. Based on the requirements identified by the practitioners during your hospitalization, you may benefit from a variety of care and services during your convalescence.

**Nursing**

The services offered are in continuity with those identified by your health care team at the hospital and correspond to those which can be offered at home. These may include 24-hour observation daily for those who require such services.

**Physiotherapy**

Services are offered on site with 2 to 3 sessions weekly as prescribed by your physician and in continuity with hospital physiotherapy interventions.

**Medication**

Fleurimont or Hôtel-Dieu de Sherbrooke Hospital will provide you with your discharge prescription. You or a relative is responsible for going to the pharmacy before your arrival in convalescent care unless the hospital notifies you otherwise. The nursing team at the residential centre will conduct a follow-up with you if you must take narcotics.

**Social services**

A weekly follow-up will be conducted by the CIUSSS de l’Estrie – CHUS social worker responsible for places in convalescent care.

**Activities of daily living**

A resource person will help you take a bath (once a week), with partial grooming, and with transfers (assistance from one person only) if necessary and according to the intervention plan established at your discharge.

**Activities of home living**

Residence staff will ensure that meals and housekeeping are taken care of according to a predetermined schedule (weekly room cleaning and changing of towels and bed linen). Meals will be taken to your room; however, you will also be invited to eat in the dining room as soon as your condition allows it. Visitors who wish to enjoy a meal with you at the residence must pay for their meal and eat it in the dining room.

**Respiratory Care**

CIUSSS de l’Estrie – CHUS respiratory therapists can provide respiratory care so long as your condition is stable and that the required care corresponds to the level of care that can be offered at home.

**Duration**

The maximum stay for convalescence is 30 days. This period may be revised if required by your medical condition or by your general condition. The physiotherapist will determine when it is appropriate to give you your discharge.

**Outings**

You may go on outings during your convalescence. Just notify the person in charge.

**Transportation**

You or your relative is responsible for covering the cost of transportation to medical appointments. Should a particular situation arise, please discuss it with the social worker responsible for assigning accommodation in convalescent care.

**Personal belongings**

You must bring your toilet accessories with you (soap, incontinence pants, etc.), unless notified otherwise, as well as your daytime and night-time clothes. Please note that laundry is washed once per week at the residence.

Depending on the needs identified, you may also bring your wheelchair, stroller or cane. If you do not possess any of these items, the person who completes your convalescence admission form can inform you on the procedures to obtain one of them.

**Visit**

Your relatives may visit you during your convalescence. There are no predetermined visiting hours. Visitors must respect the tranquillity of the premises and the rest periods of convalescents and residents.